



Cedar House

embracing support for postnatal depression

Free weekly groups to help mothers and their families

Confidential & supportive environment

Sessions run during term time only

A free crèche is provided

Postnatal Depression Support Group

10am to midday

Thursdays: see website for dates

Dorking Nursery School

West Street, Dorking, RH4 1BY

To book a place, please contact:

www.cedarhousesupportgroup.com

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www.postnataldepression.com