

Starting Solids 2019-2020

By the Community Nursery Nurses from your local CFHS Surrey
0-19 Team

Your local 0-19 Team invite you to attend a starting solids group session at a local Children's Centre in preparation for your baby starting solids. We have sessions every other month and places are limited.

They will be held on the following dates and we ask that you contact the 0-19 Team on 01306 740095 to book a place.

We suggest that you attend a session when your baby is aged between 16-20 weeks old. In preparation for starting solids when your baby is around 26 weeks of age.

Month	Venue	Date	Time
NOVEMBER	MOLE VALLEY FAMILY CENTRE	WEDNESDAY 20 TH	1.30PM
JANUARY	MOLE VALLEY FAMILY CENTRE	WEDNESDAY 15 TH	1.30pm
MARCH	MOLE VALLEY FAMILY CENTRE	WEDNESDAY 18 TH	1.30pm
MAY	MOLE VALLEY FAMILY CENTRE	WEDNESDAY 20 TH	1.30pm
JULY	MOLE VALLEY FAMILY CENTRE	WEDNESDAY 15 TH	1.30pm
SEPTEMBER	MOLE VALLEY FAMILY CENTRE	WEDNESDAY 16 TH	1.30pm
NOVEMBER	MOLE VALLEY FAMILY CENTRE	WEDNESDAY 18 TH	1.30pm

Mole Valley Family Centre
Goodwyns Road
Dorking
RH4 2LR

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