

### Starting Solids 2019-2020

By the Community Nursery Nurses from your local CFHS Surrey  
0-19 Team

Your local 0-19 Team invite you to attend a starting solids group session at a local Children's Centre in preparation for your baby starting solids. We have sessions every month and places are limited.

They will be held on the following dates and we ask that you contact the 0-19 Team on 01372 384 327 to book a place.

We suggest that you attend a session when your baby is aged between 16-20 weeks old. In preparation for starting solids when your baby is around 26 weeks of age.

Month	Venue	Date	Time
OCTOBER	LEATHERHEAD CLINIC	TUESDAY 22 <sup>ND</sup>	1.30pm
NOVEMBER	LEATHERHEAD CLINIC	TUESDAY 19 <sup>TH</sup>	10.00am
JANUARY	LEATHERHEAD CLINIC	WEDNESDAY 22 <sup>ND</sup>	1.30pm
FEBUARY	LEATHERHEAD CLINIC	THURSDAY 20 <sup>TH</sup>	1.30pm
MARCH	LEATHERHEAD CLINIC	THURSDAY 26 <sup>TH</sup>	1.30pm
APRIL	LEATHERHEAD CLINIC	TUESDAY 21 <sup>ST</sup>	10.00am

Leatherhead clinic

Poplar Road Leatherhead

KT22 8SD

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