



I'M NOT NAUGHTY - I HAVE AUTISM

Interactive workshop to help understand autism, share experiences in friendly, non-judgemental environment

4th December, 7 - 9:30 pm

Coffee/Tea from 6 : 30 pm

Mole Valley Family Centre,

Goodwyns Road, Dorking RH4 2LR

Cost is £5 for each participant

Booking via the Family Centre

tel: 01306 740095

During the workshop we will discuss:

- what autism is and how to "digest" the diagnosis
- problems with social interaction and communication
 - sensory processing and self-regulation
 - link between anxiety and meltdowns
 - strategies to support your children
 - your rights

The workshop is delivered by Ola Malanska,

MA Ed, parent of an autistic boy